

Package: Time 3
DATE:

Study ID:

WAI-CLIENT

****CLIENT: Please fill out this questionnaire at the end of your session. Place the completed questionnaire in the envelope provided and seal it. This will help us ensure your privacy.**

This questionnaire is CONFIDENTIAL; your therapist will not see your answers.

FLIP PAGE

These sentences describe some of the different ways a person might think or feel about his or her therapist. As you read the sentences mentally insert the name of your therapist in place of _____ in the text. Below each statement there is a seven-point scale: Please circle the option that best describes how you feel.

1. _____ and I agree about the things I will need to do in therapy to help improve my situation.
1 2 3 4 5 6 7
Never Rarely Occasionally Sometimes Often Very Often Always
2. What I am doing in therapy gives me new ways of looking at my problem.
1 2 3 4 5 6 7
Never Rarely Occasionally Sometimes Often Very Often Always
3. I believe _____ likes me.
1 2 3 4 5 6 7
Never Rarely Occasionally Sometimes Often Very Often Always
4. _____ does not understand what I am trying to accomplish in therapy.
1 2 3 4 5 6 7
Never Rarely Occasionally Sometimes Often Very Often Always
5. I am confident in _____'s ability to help me.
1 2 3 4 5 6 7
Never Rarely Occasionally Sometimes Often Very Often Always
6. _____ and I are working towards mutually agreed upon goals.
1 2 3 4 5 6 7
Never Rarely Occasionally Sometimes Often Very Often Always
7. I feel that _____ appreciates me.
1 2 3 4 5 6 7
Never Rarely Occasionally Sometimes Often Very Often Always
8. We agree on what is important for me to work on.
1 2 3 4 5 6 7
Never Rarely Occasionally Sometimes Often Very Often Always
9. _____ and I trust one another.
1 2 3 4 5 6 7
Never Rarely Occasionally Sometimes Often Very Often Always
10. _____ and I have different ideas on what my problems are.
1 2 3 4 5 6 7
Never Rarely Occasionally Sometimes Often Very Often Always
11. We have established a good understanding of the kind of changes that would be good for me.
1 2 3 4 5 6 7
Never Rarely Occasionally Sometimes Often Very Often Always
12. I believe the way we are working with my problem is correct.
1 2 3 4 5 6 7
Never Rarely Occasionally Sometimes Often Very Often Always