

Package: Time 1
DATE:

Study ID:

WAI-THERAPIST

****THERAPIST: Please fill out this questionnaire after the session with the participant. Please place all of the client questionnaires (i.e., pre- and post-session measures) along with this questionnaire in the large, return envelope provided. Please do not open any sealed envelopes containing participant data.**

******WHEN WAS THE FIRST PACKAGE OF QUESTIONNAIRES COMPLETED, PLEASE CIRCLE ONE ****:**

1) START OF SESSION 1

2) END OF SESSION 1

3) START OF SESSION 2

FLIP PAGE

These sentences describe some of the different ways a person might think or feel about his or her client. As you read the sentences mentally insert the name of your client in place of _____ in the text. Below each statement inside there is a seven point scale: Circle the option that best describes how you feel.

1. _____ and I agree about the steps to be taken to improve his/her situation.
1 2 3 4 5 6 7
Never Rarely Occasionally Sometimes Often Very Often Always
2. My client and I both feel confident about the usefulness of our current activity in therapy.
1 2 3 4 5 6 7
Never Rarely Occasionally Sometimes Often Very Often Always
3. I believe _____ likes me.
1 2 3 4 5 6 7
Never Rarely Occasionally Sometimes Often Very Often Always
4. I have doubts about what we are trying to accomplish in therapy.
1 2 3 4 5 6 7
Never Rarely Occasionally Sometimes Often Very Often Always
5. I am confident in my ability to help _____.
1 2 3 4 5 6 7
Never Rarely Occasionally Sometimes Often Very Often Always
6. We are working towards mutually agreed upon goals.
1 2 3 4 5 6 7
Never Rarely Occasionally Sometimes Often Very Often Always
7. I appreciate _____ as a person.
1 2 3 4 5 6 7
Never Rarely Occasionally Sometimes Often Very Often Always
8. We agree on what is important for _____ to work on.
1 2 3 4 5 6 7
Never Rarely Occasionally Sometimes Often Very Often Always
9. _____ and I have built a mutual trust.
1 2 3 4 5 6 7
Never Rarely Occasionally Sometimes Often Very Often Always
10. _____ and I have different ideas on what his/her real problems are.
1 2 3 4 5 6 7
Never Rarely Occasionally Sometimes Often Very Often Always
11. We have established a good understanding between us of the kind of changes that would be good for _____.
1 2 3 4 5 6 7
Never Rarely Occasionally Sometimes Often Very Often Always
12. _____ believes the way we are working with his/her problem is correct.
1 2 3 4 5 6 7
Never Rarely Occasionally Sometimes Often Very Often Always